

JACKALOPE TEX MEX ALLERGY AND CONSCIOUS EATER GUIDE

	Chx	Beef	Pork	Shell Fish	Fish	Gluten	Dairy	Egg	Soy	Nut	Sugar	Onion	Garlic	Tomato	Cilantro	NOTES
Chips												x	x			Frier is used for flour puffy tacos
Salsa (Chip)											x	x	x	x	x	
Queso							x									
Guacamole												x	x	x	x	
Nachos- without Beef			x				x					x	x	x	x	
Ceviche					x							x				x
Quesadilla (Meatless)						x	x				x	x				x
Campechana				x		x						x	x	x	x	
Stuffed Peppers		x					x					x				x
Tortilla Soup	x					x						x	x	x	x	Beef in the broth
Mango Chicken Salad	x						x			x						
El Ceasar (Meatless)							x	x	x		x	x	x			
Carne Asada		x					x						x		x	Cheese on the beans
Chili Relleno						x	x					x	x	x		
Burrito (Meatless)						x	x					x	x	x	x	
Puffy Tacos (Meatless)						x	x					x	x	x	x	
Tacos- Brisket		x	x			x	x					x	x	x	x	Pork in Beans
Tacos- Chicken	x					x						x	x	x	x	
Tacos- Papas			x				x									Pork in Beans
Tacos- Fish (Battered)					x	x	x					x			x	GF if grilled and not batter/fried.
Enchiladas- Cheese		x	x			x	x					x	x			Pork in Beans
Enchiladas- Chicken	x		x			x	x					x	x		x	Pork in Beans
Enchiladas- Brisket		x	x				x					x	x	x		Pork in Beans
Enchilladas- Rajas							x				x	x	x	x		
Enchilladas- Seafood			x	x			x					x	x		x	Pork in Beans
Fajita- (Choice of meat)			x			x	x					x	x	x	x	Pork in Beans; GF with corn tortillas
Sausage- Jalapeno Cheddar		x	x				x				x	x	x			
Prep- Pico												x	x	x	x	
Prep- Salsa Verde											x	x	x		x	
Prep- Salsa Ranchero												x	x	x		
Prep- Enchillada Sauce												x	x	x		
Prep- Salsa Verde Fresca												x	x		x	
Prep- Enchillada Sauce												x	x	x		
Prep- Brisket Picadillo		x										x	x	x		
Prep- Chicken Tinga	x					x						x	x	x		
Prep- Black Beans												x	x			
Prep- Beans, Refired and Charro			x									x	x	x		
Prep- Campechana Sauce																
Prep- Beef Fajita Marinade				x									x	x		
Prep- Carne Asada Marinade													x		x	
Prep- Valentina Crema							x						x			
Prep- Chipotle Crema							x						x			
Prep- Chili Gravy		x				x						x	x			
Prep- Mole						x			x	x	x	x	x	x	x	
Prep-Mango Pico												x				x
Prep- Mixto Tortilla						x										
Prep- Flour Tortilla						x										
Prep- Beer Batter						x							x			
Prep- Jackalope Tears											x		x			
Prep- Green Chili Caesar Dressing							x	x				x	x			
Prep- Avocado Gren Goddess Dressing												x	x		x	